

# Receiving & finishing from wide areas

## Practice organisation

- Half pitch with two goals (one set on half way), as illustrated.
- 12 players (incl. 2GK's), working in 2 groups of 4 Attackers & 1 Defender.
- Supply of balls with A's at either end of practice area.
- Practice starts with: ball played wide from A1 to A2.
- A1 overlaps & is fed by A2 who receives on half-turn.
- A3 & A4 attack penalty area to receive service from wide area, delivered by A1.
- D recovers into penalty area from central start position on delivery of overlap pass for runner.
- Practice continues in opposite direction with 2nd group (Reds).

## Detail

- Delivery of cross may require spin, loft or placement along the ground.
- Movement & interchanges of A's should co-ordinate to cover major goal-scoring areas within penalty box.
- Decisive & clean contacts on ball to be encouraged, when passing to feet, space, crossing & striking at goal.
- Simple progressions for this practice are:
  - Include 2D's at each end, to make 2v2 in penalty area.
  - A2 attacks penalty area by running with ball & then making the overlap pass to A1.



## Key coaching points

- Accuracy & weight of initial pass & pass into path of overlapping player.
- A1 to assess developing situation in penalty area before delivering ball from wide area.
- Co-ordination & timing of runs by A3 & A4, to attack designated areas in the penalty box.
- Cross to miss-out both D & GK.
- Quality & accuracy of ball played from wide into penalty area, off the run.